

## Patient Profile and Health History

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender (please circle): M F Non-binary  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Emergency Contact Name and Phone: \_\_\_\_\_  
How did you hear about us?: \_\_\_\_\_ Referral Name: \_\_\_\_\_

### Interest

Please indicate which of the following concerns you have about your skin:

- |   |  |
|---|--|
| <input type="checkbox"/> Age Management       | <input type="checkbox"/> Skin Texture                      |
| <input type="checkbox"/> Acne                 | <input type="checkbox"/> Stretch Marks                     |
| <input type="checkbox"/> Redness              | <input type="checkbox"/> Hyperpigmentation/ Melasma        |
| <input type="checkbox"/> Scarring             | <input type="checkbox"/> Hair Loss                         |
| <input type="checkbox"/> Sun damage           | <input type="checkbox"/> Oily Skin                         |
| <input type="checkbox"/> Enlarged Pores       | <input type="checkbox"/> Dry Skin                          |
| <input type="checkbox"/> Wrinkles/ Fine Lines | <input type="checkbox"/> Sensitive Skin                    |
| <input type="checkbox"/> Lose of Volume       | <input type="checkbox"/> Skin Care Regimen Recommendations |

### Medical History

Do you have any of the following medical conditions (please circle those that apply):

- Skin Conditions ( Psoriasis, Eczema, Scars, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Heart Disease (Heart Attack, Palpitations, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Neurological Disease ( Seizures, Epilepsy, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Lung Disease (COPD, Asthma, etc.); No Yes (If YES, explain) \_\_\_\_\_  
Liver/ Kidney Disease (Cirrhosis, Hepatitis, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Cancer (Leukemia, Lymphoma, Melanoma, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Digestive Problems (IBS, Diarrhea, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Trauma (Injuries, Burns, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Infectious Disease (Cold Sores, STDs etc.): No Yes (If YES, explain) \_\_\_\_\_  
Immunosuppression (HIV, AIDS, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Endocrine Disorder (Thyroid, Diabetes, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Mental Illness (Depression, Bipolar, etc.): No Yes (If YES, explain) \_\_\_\_\_  
Any OTHER medical problems: No Yes (If YES, explain) \_\_\_\_\_

Please list all prescription medications you are currently taking: \_\_\_\_\_

Please list all OTC medications and supplements you are currently taking: \_\_\_\_\_

Have you been on antibiotics in the last 2 weeks? Yes No

Have you had any recent dental work? Yes No

Do you have any skin allergies? Yes No

## Medical History Continued

In the last year have you received the following treatments?

Botox	Yes	No	Areas treated/ last treatment	_____
Fillers	Yes	No	Areas treated/ last treatment	_____
Facials/Peels	Yes	No	Please explain	_____
Laser	Yes	No	Areas treated/ last treatment	_____
Microneedling	Yes	No	Areas treated/ last treatment	_____

In the last 2 years have you had any surgical procedures? No Yes If yes, explain \_\_\_\_\_

what are some areas of concern for you?

- |  |   |
|--|---|
| <input type="checkbox"/> Forehead          | <input type="checkbox"/> Thin lips      |
| <input type="checkbox"/> Crows Feet        | <input type="checkbox"/> Loose skin     |
| <input type="checkbox"/> Between the brows | <input type="checkbox"/> Lose in volume |
| <input type="checkbox"/> Laugh Lines       | <input type="checkbox"/> Other          |

## Female Clients:

Are you pregnant? Yes No Are you breastfeeding? Yes No

Is there a possibility you could be pregnant in the near future? Yes No

Are you currently on an type of hormone therapy? Yes No

If yes, please describe:

## Skin Self- Analysis

Ethnicity (please check all that apply, even if you are a combination of the below)

- African American  Asian  Caucasian  Hispanic/ Latin  Mediterranean  
 Middle Eastern  Native American  Other: \_\_\_\_\_

Which of the following describes your skins most common reaction to sun exposure:

- |  |  |
|--|--|
| <input type="checkbox"/> Always burns, never tans            | <input type="checkbox"/> Burns minimally, tans with ease |
| <input type="checkbox"/> Usually burns, tans with difficulty | <input type="checkbox"/> Rarely burns, tans very easily  |
| <input type="checkbox"/> Sometimes burns and tans moderately | <input type="checkbox"/> Never burns, tans very easily   |

Are you currently using a tanning bed, self tanner, or sunbathed? No Yes

Last date of prolonged sun exposure:

Are you currently using any of these products in your regimen?

- |  |  |
|--|--|
| <input type="checkbox"/> Cleanser                        | <input type="checkbox"/> Moisturizer     |
| <input type="checkbox"/> Serums                          | <input type="checkbox"/> Essence/ Toners |
| <input type="checkbox"/> Chemical Exfoliant (AHAs, BHAs) | <input type="checkbox"/> Face masks      |
| <input type="checkbox"/> Physical Exfoliant (Granules)   | <input type="checkbox"/> Sheet masks     |
| <input type="checkbox"/> Tretinoin/ Retin- A             | <input type="checkbox"/> Sun Screen      |
| <input type="checkbox"/> Retinol                         | <input type="checkbox"/> Eye Creams      |

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Patient Signature