

## **Lutronic Genius® Treatment Post Care Instructions**

### **Post Treatment Instructions:**

- Cooling is allowed, if needed, with a towel-wrapped ice pack and you may apply post-treatment moisturizer according to your physician's recommendations.
- Wash your skin with a gentle cleanser. Use your hands but not a washcloth or automatic brush (i.e. Clarisonic). We recommend Cleansing Complex from iS Clinicals. Pat Dry.
- After you wash your face, apply a moisturizer (Alastin Regenerating Skin Nectar), SPF 30+ broad spectrum physical/mineral sunscreen. Physical sunscreen is less irritating than a chemical sunscreen post procedure. Use a gentle cleanser, moisturizer and sunscreen for the first 2 weeks after the procedure. Everyone's skin is different. You can start your normal skincare regimen once your skin has completely healed.
- You should avoid vigorous activity, excess heat, or sun exposure for at least one week.
- Avoid sun exposure (beach, pool, boat, outdoor sports) for 2-4 weeks after the procedure. If you need to go out in the sun, please apply sunscreen, reapply it every 2 hours, and use other protection such as a hat
- Do not pick or scratch at the little scabs on the skin. They will fall off on their own, approximately 7-14 days after the procedure.
- It is advised to wait a minimum of 2 weeks for your next treatment. Four to six weeks is the typical interval between treatments.
- Most patients achieve best results with two to four treatments.

### **What to Expect:**

- 1 day Post-Treatment: Redness and transient edema, skin begins to turn to a condition similar to before treatment.
- 3 days - 1 week Post-Treatment: Brighter skin tone and significant reduction in sebum secretion in oily skin types.
- 1 month Post-Treatment: Improvement of fine wrinkles and skin laxity.
- 1-3 months Post-Treatment: Continuous improvement of fine wrinkles, pores size, scars and skin laxity.
- Common expected skin reactions include erythema (redness), edema (swelling), transient pin-point bleeding, and very slight discomfort after treatment. Pin-point bleeding should stop within minutes after application, discomfort within a few hours and erythema and edema gradually diminishes to normal in 1 to 3 days.
- Crusting begins to appear 1 - 2 days after treatment and sloughs off in 3 - 5 days.
- Other less common skin reactions include petechia which fade in a few days or bruising (purpura) which can take up to a week to disappear.
- Other skin reactions include irritation, itching, and burning sensation. These typically subside in a few hours to 1 day, but may get aggravated with heat or sweating.

**FOLLOW-UP:** To achieve the best results, complete the full treatment schedule at the intervals recommended by your technician.

**If you have any questions or concerns after the procedure, call us at 833-998-5893**