

## **Genius/LaseMD/SkinPen Treatment Pre-Treatment Care Instructions**

### Pre-Treatment Instructions

- Sun exposure and/or usage of tanning beds, including self-tanning products, must be avoided for a minimum of 24 hours before and after treatment, preferably 1 week. Treatment within 24 hours of prolonged sun exposure (natural sunlight, artificial tanning or sunless tanning products) may result in hypo pigmentation (white spots) or hyper pigmentation (dark spots) that may not clear for several months or may even be permanent. A micro needling treatment will not be administered on sunburned skin.
- Accutane and any other photosensitizing medication should be discontinued for a period of 6 months prior to receiving treatment and should not be used during your course of treatment.
- No area to be treated should receive any type of chemical peel for 2 weeks prior and after treatment.
- Use of Retinols, Retin-A, Tretinoin, Glycolic Acids, Kojic Acids, Citric Acids and Hydroquinone must not be used 1 week prior or after treatment.
- Waxing and/or use of chemical depilatories must be avoided for 2 weeks prior and after treatment. Shaving is allowed immediately before treatment and 48-72 hours after treatment as long as there is no skin irritation.
- Notify your provider of any tattoos, including cosmetic tattooing, in the vicinity of the area to be treated. Tattoos must be avoided because they may fade from the treatment.
- If you have a history of cold sores, we recommend taking an antiviral prior to treatment. If you do not have an antiviral treatment, Dr. Trinh can provide one to you.
- During the course of your treatments, notify our staff of any changes to your medical history, health status or personal activities that may be relevant to your treatment.

**FOLLOW-UP:** To achieve the best results, complete the full treatment schedule at the intervals recommended by your technician.

**If you have any questions or concerns after the procedure, call us at 833-998-5893**